



WHEN	WHAT	WHERE	SPONSOR
FRIDAY Oct 3, 6.30pm	Men's night; speaker from RAW	Alimento	Alimento
SATURDAY Oct 4, 10am	Opening of MHW; speaker from Speak up, Stay Chatty	Blue tree @ Redbanks, then Town Hall	Mental Health Council of Tasmania
SATURDAY Oct 4, 6pm	Burrito Bowls; Surf Film Night	Courthouse	The Branch
SUNDAY Oct 5, morning	Swansea Pharmacy's fundraising walk	TBC	Swansea Pharmacy
SUNDAY Oct 5, afternoon	Pickleball	Town Hall	
MONDAY Oct 6, 6.45am	Boot camp	Town Hall	*repeated Wed & Fri
MONDAY Oct 6, 10am	History Tour	Community Hub	Swansea Historical Society
MONDAY Oct 6, 1.30 pm	Board games	Golf club	
MONDAY Oct 6, 1.30 pm	Humour therapy	Community Hub	
TUESDAY Oct 7, 10am	Stroll & sketch	Courthouse	
TUESDAY Oct 7, 11am	Talk - Younger Onset Dementia	May Shaw Wellbeing Room	Dementia Australia
TUESDAY Oct 7, 3 pm	Yoga	Town Hall	
TUESDAY Oct 7, 6pm	Campfire Tucker & Stargazing	Swansea Beach Chalets	Swansea Beach Chalets
WEDNESDAY Oct 8, 6.45am	Boot camp	Town Hall	
THURSDAY Oct 9, 2pm	Ta Ke Ti Na	Town Hall	Mental Health Council of Tasmania
FRIDAY Oct 10, 6.45am	Boot camp	Town Hall	
FRIDAY Oct 10, 11am	Value of Humour in Aging	May Shaw Wellbeing Room	
FRIDAY Oct 10, morning	Wonderful Women Working with Wood	Community Hub	
FRIDAY Oct 10, 6.30pm	Curry Night	Town Hall	Mental Health Council of Tasmania
FRIDAY Oct 10, 7.30pm	Mental Health Comedy Roadshow	Town Hall	Glamorgan Spring Bay Council
SATURDAY Oct 11, 7pm	Bush Dance	Town Hall	Mental Health Council of Tasmania